IO4 Good Practices Toolbox for upskilling adult educators and NEETs

Learners'best practices and success stories

Compendium







Tabel of contents

1.	Introduction	3
2.	Learners' success stories and best practices from Cyprus	5
	2.1. Continuous Training - Marios Michael, Cyprus Autistic Association	5
	Introduction	5
	2.2. Just believe it! Ioanna Georgiou	6
	2.3. Social work with groups, Thoukidides Evripidou	7
3.	Learners' success stories and best practices from Estonia	8
	3.1. Anna's story	8
	3.2. Kaspar's story	9
	3.3. The story of a 17-year-old girl	10
4.	Learners' success stories and best practices from Greece	11
	4.1. Implementing actions in the context of the project "EGF/2015/011 GR/SUPERMARKET LARISSA", Kona Alexandra	11
	4.2. Implementing actions in the context of the project "EGF/2015/011 GR/SUPERMARKET LARISSA", Tsialiou Eleni	12
	4.3. Implementing actions in the context of the project "EGF/2015/011 GR/SUPERMARKET LARISSA", Mpilialis Dimitris	14
5.	Learners'success stories and best practices from Ireland	15
6.	Learners' success stories and best practices from Lithuania	16
	6.1. Operator at Social Taxi, TAUTVYDAS	16
	6.2. SAULĖ / NEET	17
	6.3. Studying to be a hairdresser, Elena / NEET	18
	6.4. Waiter in Mano Guru, Evaldas / NEET	19
7.	Learners' success stories and best practices from Romania	20
	7.1. Consulting, Training, Entrepreneurship	20
	7.2. Training, skills building, counselling	21
	7.3. Entrepreneurship, training, self-confidence - Poenar Florin- FLPAUTOSERV SRL	22





1. Introduction

This good practice toolkit is a collection of best practices for in-service training for adult educators, youth workers, counsellors, and NEETs. The best practice toolbox is a single module and is part of the eLearning platform.

Purpose: To enable adult educators to communicate effectively with other adult educators and with their clients (NEET students), to exchange information, good practices, and tips.

The toolbox of good practices includes the following content:

- good practices and success stories of learners (NEETs) success stories of NEETs, good examples of peer empowerment and support for NEETs;
- good practices and success stories for adult educators/teachers, counsellors, youth workers youth empowerment, social support and action programmes for young people and their families, support systems and services for NEETs, educational programmes, and methods, etc. good practices and success stories for NEETs.

The Impact for the adult educators:

- Enhancing interaction;
- Bringing together expertise, knowledge and best practices;
- Virtual forum for exchanging ideas, how to teach and help the target group of NEETs;
- Develops many teachers/educators/counsellors/youth workers general competencies, including social and civic competence, cultural and value competence, self-determination, learning and communication skills and entrepreneurial competences;
- Develop a social network space;
- Makes the teacher's work easier by helping to achieve learners/students performance:
- Promote collaborations about teaching NEETs in the community;

The impact for the NEETs:

- Increase the NEETs motivation;
- Help to developing new ideas for NEETs, how to move on;
- Inspiration;
- Learn from others' mistakes and also learn from the others good practices and success stories;
- Learn how to handle difficult situations;
- Develop many NEETs general competencies, including social and civic competence, cultural and value competence, self-determination, self-confidence, soft, learning and communication skills, and entrepreneurial competences;
- Learn to motivate, cooperate, plan, and involve time.

The impact for the school/training centre:





- Brings the school's experience from life itself;
- Helps to involve school and youth in community activities.







2. Learners' success stories and best practices from Cyprus

2.1. Continuous Training - Marios Michael, Cyprus Autistic Association

Introduction

- As a Social Worker, I was a leader in a group of five autistic adults where the main purpose of our meetings was to improve their communication and social skills. This helped them to get out of the house and look for new opportunities of employment, education, and training.
- I helped a 24-year girl who didn't have the opportunity to study after school, to join
 the cooking school of the ministry of education which provides free study programs
 for adults of all ages. She has successfully passed the first year and is waiting for her
 last year to get her diploma.
- I took English courses one year ago to be able to claim a better job. I managed to do it enough just looking forward to new job opportunities.

Feedback

Everyone was/ is happy and excited, managing to get the necessary skills that will ship in the future. Generally, everyone was given a second chance for upskilling. All people should have the opportunity to be trained, to work and to test their potential. This helps them not only to develop their skills but also to develop themselves.

Partners and interested parties

All the stakeholders wanted to take something, so I threw my role as a social worker, and I helped them. Of course, in this way, I help myself. Therefore, the cases I mentioned wanted to engage themselves. I'm sure there are several similar cases out there that need to provide an approach to evolve and improve their skills.

Impact

In the first case, autistic adults were able to socialize and meet you in situations outside their home. In all cases, everyone was given the opportunity to see life from a different perspective.





Challenges

The main challenges with failure and possibility of not continuing in the program. Through individual support and unloading at the fort they were headed to continue until the end.

Remarks

The continuous training, of all, leads to this evolution not only of people, but also the whole society.

2.2. Just believe it! Ioanna Georgiou

Introduction

If we want to have better opportunities for employment, development of personal life skills many times in our country we need to secure certificates of specific skills for example (Languages certificates, computer skills etc.). My personal experience concerns the learning of English Languages and specifically at 6th Level of the Language. Also, I had the opportunity to learn into the State Institutes of further Education. The State Training Institutes (KIE) provide courses for students of all levels as well as adults, both in urban centres and in rural areas, thus enabling equal learning opportunities and contributing to the lifelong learning that is a fundamental issue of the European Union. Is a part of actions of the Cyprus Ministry of Education, Culture, youth, and Sports. The way of learning was encouraging and helpful. Also, the groups had a small number of pupils. The teacher was young, and she used many methods and techniques to help us (for example: exercises, conversation-speaking, listening, writing, summary etc.)

Feedback

At the beginning of every lesson, I felt stressed but then I felt more comfortable in the classroom. Furthermore, I felt more confident to speak with other people (to build discussion – conversation in English). Never give up! Do not think it is impossible to learn something new.

Partners and interested parties

The reason for my participation at this programme was the motivation for better opportunity employment in my country. So, the obligation to obtain the certificate of English E6 Level in Cyprus is a way for many opportunities for professional development.

Impact





More confidence! Obtain new skills / qualifications. Stress management.

Challenges

The challenges about my participation in the programme were scary. I was thinking (How can I do that? Can I learn English up to 6th level? Can I?) Lastly, I did it, I got the certificate and I feel confident to search for a new position of employment. One challenge was the obligation of study and learning hours in the school. It was difficult to be there after work. I managed to do this with the practice of specific topics, methods of vocabulary and interaction between us and our teacher (examples to talk and describe). Also, we had many exercises and tests for every new knowledge at the lesson time.

Remarks

Just believe it!

2.3. Social work with groups, Thoukidides Evripidou

Introduction

Program of support and empowerment of people with autism of high functionality. Groups of six people aiming to support communication and socialization. Methodology social work with groups, technical identification of learning and educational material through experimental exercises, such as empowerment, an expression of emotions, and their unloading.

Feedback

Happy, excited, they felt that they belonged to the team. Relief, we like it, they were looking forward to the next meeting. There is always the possibility of development if you are given the opportunity.

Partners and interested parties

I addressed this group, knowing the common problem and the difficulties they face.

Impact

Acquiring skills and competencies by generally improving areas of their lives.

Challenges

Surely meeting all the needs of the team is very difficult. Worried about the structure of the team may not fit together. In activities, such as alternative play, social stories, I managed to





unlock people. Also strengthening them through incentives and expectations to the maximum out of their potential.

Remarks

Careful heads, Assessment motivation, Communication, Trust



3. Learners' success stories and best practices from Estonia

3.1. Anna's story

Introduction

Anna is a young 23-year-old mother raising a 4-year-old child. She has basic education; she left school because of youthful foolishness. For one year, she studied at a vocational school, then became pregnant and quit that school as well. She has large debts due to various unpaid instalments. She does not have a home of her own and lives with her mother. They live 15 km from the centre and public transport is almost non-existent. She is dependent on a friend who drives her around. The phone and internet service are poor.

Main challenge

The young woman had a desire to change her life but there was no one who would help and with whom to share her thoughts. They live 15 km from the centre and public transport is almost non-existent. She is dependent on a friend who drives her around. The phone and internet service are poor.

Feedback

They did it all considering how quickly the young woman was able to learn.

Partners and interested parties

Youth workers, counsellors, and the other young girls, who are in the same situation.

Impact

When a youth worker heard about Anna's situation, they tried to contact her. They met and talked. During the meetings, they spent hours in the local library writing letters to debt





collectors and bailiffs – starting with learning to use Word, forming a 'decent' email address and using it, up to spelling and formalising an official letter. At first, they typed on the youth worker's computer, but then they realised that she did not learn the necessary skills this way and they began to use the public computer at a public Internet access point. They did it all considering how quickly the young woman was able to learn. They also discussed how to apply for necessary social benefits and how to book medical appointments. They shopped for proper clothes for work interviews or school assemblies. They discussed the need for socialisation and education for her child, future plans, and goals. During summer, the young woman worked for 1.5 months and started vocational school in autumn. Her child has not yet been able to go to a kindergarten or hobby clubs and has been staying home with their grandmother.

Remarks

Everything is possible if you have the desire!

3.2. Kaspar's story

Introduction

One of his parents died some years ago. The youth completely lost his will to study. After the death of his parents, he stopped going to school. The other parent could not cope with him at all. The youth did not have any money problems, as the survivor's pension was paid to his account. He lived with friends...

Main challenge

With the help from his friends, we managed to get him to the Youth Centre. The specialist from the local government gave some more information about him. The young man opened during one camping trip where everybody was preparing food together.

Feedback

The youth worker shared his gear with him. During the conversation, they found a specialty that he was interested in. With a lot of help from partners, the young man went to school in autumn and finished his education. The young man also did not have an identity document, which they went to apply for together with the youth worker.

Partners and interested parties

Youth workers, local government social specialist, youth centres





Impact

By now, he has had a secure job for half a year already and he attends refresher courses from time to time. He is very neatly and nicely dressed, and he has established a good and respectful relationship with his father.

Remarks

According to his wish, the school was chosen far from his home and friends to avoid any temptations. The youth worker is communicating with him on Facebook once a month, and he seems to be a very friendly and grown-up man. He promises to visit the Youth Centre after the first year of school is over:).

3.3. The story of a 17-year-old girl

Introduction

A 17-year-old girl from a complicated family background grew up basically alone. Studying and going to school was difficult. She was left to repeat 8th grade, then exceptionally transferred to 9th grade, where she was again left to repeat the class. She has not been to school for almost a day in the last four years. She has previously been dealt with by a social worker, a youth worker and child protection. She has been treated/studied in the paediatric ward of a psychiatric hospital following suicidal ideation.

Main challenge

The girl has made many promises, then "disappeared" and after a while has come back with a desire to improve her studies and her life.

Feedback

The girl has been helped by a psychotherapist, a social pedagogue, a special educator, with the aim of developing her social skills, the impact of activities, self-esteem, and self-discipline.

Partners and interested parties

Psychiatric hospital, social workers from local government, youth worker, child protection.

Impact

Working with a support specialist, there are changes for the better. She is working and trying to finish 9th grade as a homeschooled.

Challenges





Obstacles are that she easily lashes out at everything and everyone, does not let new people easily near her. Disappointed when things don't go her way.

Remarks

However, in small but steady steps, the girl is moving forward.



4. Learners' success stories and best practices from Greece

4.1. Implementing actions in the context of the project "EGF/2015/011 GR/SUPERMARKET LARISSA", Kona Alexandra

Introduction

From what I remember, the project was about supporting the former employees of a SuperMarket company and an equal number of young people (NEETS) through a set of actions that had counselling, training, and entrepreneurship. Of course, I wasn't interested in the last one.

Main challenge

As far as I'm concerned, I had been unemployed for quite some time, and it had been a long time since I had participated in a training program. I think I was dormant and there was some disbelief as to what this program could do for me. Of course, I think this is the big challenge for the program as well, to get us to participate until the end of it.

Feedback

I remember that the whole process was excellent. Right from the start, during the application process I was fully informed and fully instructed on what was needed as well as lots of help. I remember there was a wrong document that I brought, and still, they didn't accept it because that would get me rejected. They gave me time until the final deadline to submit the correct paper. They did the same to everyone! They were trying to give everyone the same chance! I still remember how great the counselling we did was! Many hours next to a counsellor who





listened to you, didn't direct you, didn't guide you, but let you discover yourself through the discussion and the use of some forms- I think they called them tools.

I participated in an incredible process. I would rate it as the best learning experience as I went through all the stages! Counselling with a great advisor who helped me clarify things about myself and what interests me professionally. Also, I participated in the training process in which I somehow shaped it according to what I wanted to learn. I think this time I participated in something that was directly related to me, but I also built it myself in a way.

Partners and interested parties

What is the one piece of advice you would like to give to other young people, who are in the NEET situation? It is difficult to give advice to someone else who is in the same position as you. There is an understandable framework of mistrust that everything is the same and offers nothing. I think I'd say: "try to get back into action! There are always people out there who care!"

Impact

The actions I participated in helped me significantly both personally and professionally. They made me re-active! Certainly, the financial subsidy also played a role, but I think that even without it, I still feel that I am a winner from this process!

Challenges

The truth is that the time to do all this was very short. I thought it was something like the other programs I participated in a long time ago. It was a little stressful, and while I felt that it helped, it also made me doubt at first if I was doing the right thing by spending so much time. I believe that my desire to get back into action while seeing that there was a very supportive framework finally got me over my inhibitions.

Remarks

My experience in the program during that time was the best thing that could have happened to get me back in the game!

4.2. Implementing actions in the context of the project "EGF/2015/011 GR/SUPERMARKET LARISSA", Tsialiou Eleni

Introduction





The program aimed to support young unemployed people who were at the same time absent from education and training. The program provided financial support through counselling and training allowances, but you could also open a business or go to another area, under conditions. The same actions were taken for the employees of the chain of "SuperMarket Larisa" that has been closed.

Main challenge

The challenge was how the program could manage so many people in such a short period of time because the procedures were very tight on schedule. Speaking for myself, the main challenge was to join and participate in a program that could reliably provide me with everything it offered.

Feedback

I would say the biggest surprise was the counselling. I had not participated in another similar process, and I remember starting out hesitant and wondering what we were going to do with all these hours. My second surprise is when I then joined a training program in a subject which was perfectly compatible with my needs! It was like someone was secretly listening to my thoughts!

This experience overturned an incorrect image I had formed about these programs either from my own past negative experiences or from what I've heard around me. This revision of my perspective helped me to see things differently in general.

Partners and interested parties

What is the one piece of advice you would like to give to other young people, who are in the NEET situation? I don't think I could give a piece of advice to anyone else. Everyone has their own personal obstacles or motivations. To myself though, I'd say I was late to join, I should have done it sooner!

Impact

My participation in the program and the experiences I gained next to the experiences of others helped me to realize that I was not the only one in the same position. I became stronger and my perspective changed positively, and not only professionally.

Challenges





I think the doubts about the framework of these programs and my distrust were the biggest obstacles. The time was really a bit pressing as well. I don't think there was any magic recipe to deal with them. Rich, action-packed, with lots of interesting elements, actually helped to remove any negative thoughts!

Remarks

Without sounding too thoughtful, I would say that there are always people and actions to help us. It is just enough to be willing to participate!

4.3. Implementing actions in the context of the project "EGF/2015/011 GR/SUPERMARKET LARISSA", Mpilialis Dimitris

Introduction

The project in which I participated concerned dismissed workers from the chain Super Market Larissa. It was also addressed to young NEETs throughout the region of Thessaly, so here in Trikala, I participated in this action that contained counselling, training, and the possibility of entrepreneurship development.

Main challenge

I can consider as a challenge the fact that I participated in a program for which I did not know exactly what it was, nor what requirements there were, but also how soon all this had to be done. At the same time, I was looking for a job. I felt like I couldn't respond.

Feedback

The best moment is not one moment but the whole period!! Especially for the counselling process, it was an unprecedented experience! What I think I have learned is that job hunting is not a simple process, but it can become one when you engage in organized efforts that help you understand yourself, put your thoughts and resources in order and discover your weaknesses.

Partners and interested parties

What is the one piece of advice you would like to give to other young people, who are in the NEET situation?

Participating in a project like the one I did; it could reverse those reasons that lead someone to this situation. And that's the profit.





Impact

The impact is obviously positive. It helped me organize myself and prepare my job search better.

Challenges

I don't know what you mean by "challenges" beyond what I wrote before, but it was definitely difficult to fit into a tight activity like consulting, filling out paperwork, talking to a stranger, or taking part in a long-hour training program. And all this within 3 months. But I was idle. And I realized that I had no other options since everything I had done up until then had not worked. So, I was patient and moved on. And clearly, I feel won.

Remarks

Nothing is given to us, everything is earned with effort, patience, willingness to cooperate and good organization. All of these were present from all of us in this program!



5. Learners' success stories and best practices from Ireland

Learners' success stories from Ireland shared by video.

Erica & Elizabeth Video Interview STONE Project

Franklin Addo Video Interview STONE Project







6. Learners' success stories and best practices from Lithuania

6.1. Operator at Social Taxi, TAUTVYDAS

Introduction

Since 2006 the organization SOPA helps people with fewer opportunities to find and keep jobs - the unemployed with mental and physical disabilities, the long-term unemployed, and people with no work experience. The staff is often contacted by people who are psychologically broken, do not trust themselves, do not believe in society, are experiencing stress due to financial difficulties or unsuccessful job searches.

Organizations work with each applicant individually: analyse job opportunities in the labour market, provide professional guidance and counselling, develop employment skills, social skills, mediate the job search process, and provide on-the-job assistance based on employment.

They don't just help you find a job, they do much more than that - inspire people to see a purpose, ignite hope and motivate change.

Main challenge

A man who has been blind since childhood, Tautvydas came to Vilnius from a small town in Northern Lithuania at the age of seven to go to the special elementary school. A child who has been blind since birth began attending a special school for the blind and partially sighted. After graduating, leaving a safe and adapted environment for the blind to an independent life caused anxiety, it was not clear how it would be necessary to learn new routes, how to get along with sighted classmates. the students began to snort and were not always in a hurry to help, accompany or help orient themselves. There were even opinions - "why study, it's better to stay at home".

Feedback

Getting a job in a social taxi, which gave him the motivation to get out of bed in the morning, to be disciplined. Tautvydas, who has been working as a Social Taxi operator for a while now, values work more seriously than studies - "you study for yourself, and work is something else entirely, work is for people. I can't work casually because it can harm other people's well-being. Now I feel responsible, I have to coordinate with the drivers, work is no longer a game."

Partners and interested parties - What is the one piece of advice you would like to give to other young people, who are in the NEET situation?

Look for any activity that will encourage you to improve, not to give up.

Impact





After starting to work, says Tautvydas, life became more diverse - there was a reason to get up in the morning, the daily routine was sorted out. "I think more and more often about buying my own home in Vilnius - and it no longer seems like an unrealistic dream."

Challenges

SOPA staff helped Tautvydas learn how to work with the system. They provided support at the workplace – helped adapt the registration system so that Tautvydas could register new users and approve orders, sort them according to various criteria. Since Tautvydas did not have much work experience, it was necessary to consult on actions in the event of unforeseen situations, how to work with clients, discuss complex cases, manage conflicts, and provide emotional support.

Remarks

Seeking help gave life meaning.

6.2. SAULĖ / NEET

Introduction

During DUOday, companies and organizations around the world invite people with disabilities to try out new professions and work roles. On this day, thousands of duos ("duo" in Latin means "two"), consisting of a person with a disability and an employee of the company, spend time together - get to know the company from the inside, try out the usual tasks of employees, participate in meetings, communicate with colleagues. Since 2019, DUOday in Lithuania has been organized by VšJ "SOPA".

Main challenge

Saule, who moves in a wheelchair, dreamed of work for a long time. Friends with disabilities also encouraged her to do something. However, the girl says that her efforts were fruitless. "After school, I graduated from the Valakupiai Rehabilitation Centre, learned to work with leather goods, and also have the qualification of a social worker's assistant, but I could not apply it anywhere. I think that my disability prevented me from finding a job, besides, there are not many options in the Šalčininkai district where I live, and it is difficult for me to go to the capital on my own.

Feedback

"How scared I was!", Saule remembers the first working days. "At first, they allowed me to get used to the place, get to know everything, but then the director said that it was enough





to play - let's go to the cash register. I remember - my hands were shaking, my heart was in my throat, I didn't want to mess anything up," she recalls with excitement. Employment gives self-confidence, the desire to try and improve your skills.

Partners and interested parties - What is the one piece of advice you would like to give to other young people, who are in the NEET situation?

There are many interesting opportunities for people with disabilities. You should ask your friends, your teachers and even look online. Never give up!

Impact

"It's like a different life now, different emotions. I get up early, get ready and wait to be picked up from home. I really want to change the environment I spend my days in. Sometimes when I wake up, I think - am I really working or did I just dream".

Challenges

Saule had to learn many new things. Employment mediator provided Saule with assistance at the workplace - she helped solve emerging challenges, deal with emerging stress, learn new tasks, and resolve conflict situations.

Remarks

Saule happily talks about the changes, saying that she is not only planning to continue working, but also in the future she will ask to extend her working hours!

6.3. Studying to be a hairdresser, Elena / NEET

Introduction

Elena, called Aiša by her friends, was born in the Roma camp close to Vilnius. After her father passed away when she was 7, her mother left her and her siblings all alone, but Aiša did not give up and, with little help she got from her aunts, she continued taking care of the smaller children till she was 11. When she realized she cannot give the right support for the family and none of the extended family is able to adopt them, she asked for help from the social services.

Main challenge

Living in the foster home was not easy, but she is very appreciative of the support the social workers were giving her during the years. Aiša has also had many experiences of discrimination because of her ethnicity, and it was not easy to overcome challenges in her adult life.





Feedback

The good social workers, even if they had their ways, tried their best to help us. To be patient, try her best and be grateful to the opportunities that come. Be an example for others, younger, so they would have a better life.

Partners and interested parties - What is the one piece of advice you would like to give to other young people, who are in the NEET situation?

To be brave enough to change the current situation.

Impact

No matter the difficulties, now she is studying to be a hairdresser, a profession she has liked since she was a child and cut her siblings' hair. Her plan is to have her own apartment, where her younger brothers and sisters could spend the weekends.

Challenges

Finding a job was extremely hard because of prejudices against her ethnicity. Many times she was wrongly accused in her work place. However, she tries her best as she wants to be a good example to her younger siblings so they would have a good life themselves.

Remarks

God gave me all these difficulties in life, but I managed to overcome it, so it means now I can do anything I want.

6.4. Waiter in Mano Guru, Evaldas / NEET

Introduction

"Mano guru" would appear to be an ordinary restaurant in the centre of Vilnius, but an interesting fact about the restaurant is that persons addicted to psychotropic substances work there and have a second chance at life.

Main challenge

"I started to use drugs when I was a teenager, trying weed, heroin, that I really didn't like and promised never to take again. Then I tried everything else – glue, medicine, other drugs, I didn't know how to spend time without using harmful substances. Once my stepdad died, I decided to be responsible and went abroad to work. "And that's how I lived for the next few years - using various psychoactive substances, changing jobs, prisons, and crimes abroad. Heroin, which I had once renounced, became my everyday life. When I was locked up, I experienced strong cravings, I thought I would never use again, but only after I was released, I didn't look at myself like a beer in one in one hand and the syringe in the other."





Feedback

"When I left prison, I already heard a voice in my head that this is not my way of life, that I must change. But I wanted to change after smoking the last grams of weed. Since I had to sell them and I was afraid of being caught by other dealers, I just ran away. I ran away to a rehabilitation community. I also ran away from it, but after a while I came back. After successfully completing the program in the rehabilitation community, I came to "My Guru". "I don't go to work to earn and use all the money for drugs. Now I have other values. I started accumulating funds in a pension fund, paying bailiffs, and repaying debts. It may seem like small steps, but for me it's a big achievement."

Partners and interested parties - What is the one piece of advice you would like to give to other young people, who are in the NEET situation?

Do not be afraid to admit your mistakes and look for changes.

Impact

"I am glad that "My Guru" accepted me, that I earn with sober eyes and spend money responsibly. Work brings joy."

Challenges

"I was self-confident, I thought I could integrate, but when I started working, I realized that it was terrible to communicate, that everything caused mistrust and negative feelings, that I had to learn to live again. It was very stressful and a period when I had to break through. And I did it."

Remarks

"You know what makes us happy? That for such people Mano Guru is an intermediate stop, a starting point for a new life, a partially safe zone without alcoholic beverages, with the help of a psychologist and social worker. This place does their best to make people stronger and more resistant to stressful situations that await them after the doors of "Mano Guru" are closed."



7. Learners' success stories and best practices from Romania

7.1. Consulting, Training, Entrepreneurship **Introduction**





I felt restless, I couldn't find my place, I didn't know exactly what I wanted until I met two guys the same age as myself and I set up a car service, of course after studying the market very carefully. Now I do what I know best, I am happy, and I have two people by my side who share my pleasure and encourage me to continue.

Main challenge

Opening a business, learning to clarify the idea and make it specific and competitive in the market, preparing the arguments and business plan to seek financing, as well as the operational implementation.

Feedback

While I could perhaps not share something extraordinary, I believe the experience helped me clarify my goals and choose my profession, combining both my knowledge and skills and my passion for cars. Equally important, I get to earn my living, while enjoying the freedom of being my own boss.

Partners and interested parties

Which advice would you give to other young people who might find themselves in the situation of NEET?

Have faith in themselves, dream big, but plan realistically. Pursue your dreams despite obstacles.

Challenges

The main challenge was to prepare a plan and present my idea so that others can appreciate it and offer me support. Also, to overcome my own concerns and doubts whether I can truly make it happen and be successful considering how many businesses are in fact failing at startup. I overcame those challenges, by keeping faith in myself and my friends, and accepting help on areas where I was not an expert.

Remarks

Nothing is impossible if you believe in yourself and persevere.

7.2. Training, skills building, counselling.

Introduction

In 3 words I will detail-, Professionalism, correctness and responsibility.

Main challenge





The main challenge was participating in the course, sharing with others, and feeling vulnerable, as well as staying focused to complete it and the emotions at the final exam.

Feedback

This experience made me much more confident in my own strengths, much more responsible and helped me to rediscover myself. The most memorable moment was when my name was designated the winner after the examination.

Partners and interested parties

Which advice would you give to other young people who might find themselves in the situation of NEET? - To be responsible and ambitious.

Challenges

Emotions. I could call them challenges; I overcame them after passing the exam.

Remarks

I confidently recommend these courses to all who wish to develop their intellectual and professional activity. They helped me develop and start my own business. I have only words of praise about the association and the way the student-lecturer relationship courses went.

7.3. Entrepreneurship, training, self-confidence - Poenar Florin- FLPAUTOSERV SRL

Introduction

The course within the NEETS program helped me to acquire entrepreneurial knowledge, instrumental for my initiative to open and manage a business.

Main challenge

The main challenge was the development of a business plan and a correct budget to be accepted for financing. While I had the idea for a while, I was missing the right approach to support my startup, both as financing and operational implementation.

Feedback

It was a true life-changing experience for me. The most memorable moment was when I found out that the business plan was selected for financing. I was very proud. From this experience I learned how to start a business and the fact that I must be very attentive to details. Also, it increased my confidence in my own capabilities.

Partners and interested parties





Which advice would you give to other young people who might find themselves in the situation of NEET?

I would advise them to take any chance to learn something new, remain open and stay committed to acquire new skills. It is important to put effort and ambition, as well as be passionate about what you do, and this will help you achieve something and make an impact.

Challenges

I can say that the challenges were more at the administrative level, the preparation of all the documents and keeping up with all deadlines and requirements, but with a lot of attention and patience I managed to overcome them.

Remarks

To be successful, it is essential to be passionate and ambitious, but also to stay focused and work towards your goals every day.

















"The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein."

Project Number: 2020-1-RO01-KA204-079978